

COLLEGE SUCCESS 101 COURSE SUMMARY

OVERVIEW

The College Success 101 Course provides students with an overview of what to expect and how best to prepare for success in college, with a focus on the first 101 days. The course is designed to provide students with the “college knowledge” needed to succeed in their pursuit of higher education. By the end of this course, particularly helpful for first-generation students and those entering college underprepared, either academically or otherwise, participants will have gained a comprehensive understanding of the skills needed for a healthy and happy college experience.

OBJECTIVES

The goal of the College Success 101 Course is to accelerate each participant’s personal and professional growth by providing students with the tools and training needed to succeed in college and career, preparing them to become high achievers and leaders on campus and in the workplace. While focusing primarily on developing proper planning, time management and study skills, and other strategies that improve academic performance, the course also covers the social, emotional, physical, and financial dimensions of becoming a well-rounded college student. Students taking this course will build the competence and confidence that contribute to college persistence and completion.

METHODS

Using free, curated content, including readings, videos, and assignments, created by Lumina Learning and powered by Saylor Academy, and supplemented by College Success 101, students apply skill-based instruction to real-world situations experienced in college. [College Success 101](#), [Saylor](#), and [Lumina Learning](#) are all committed to making college prep courses easier to implement for teachers and more engaging for students. The College Success 101 Course provides high school teachers and students with a proven, turn-key, on-line course design that’s easy to use.

MATERIALS

The course textbook, [College Success](#) covers Units 1-11 and the course supplemental book, [College Success 101: A Professor’s Simple Strategies for Success in Your First 101 Days](#), covers Units 12-15. In his book, Professor Leamon provide practical application of simple strategies based on his 20 years as both a college student and a professor, both at the undergraduate and graduate levels. With Leamon serving as a “guide on the side,” participants are given a step-by-step approach to getting off to a strong start during their first semester. **See the College Success 101 Course Introduction and Syllabus.**